

# What is ASPERGER SYNDROME?

One in 300 people have it  
Most of them don't even know

- ✓ I find social situations confusing
- ✓ I find it hard to make small talk
- ✓ I tend to turn any conversation back onto myself or my own topic of interest
- ✓ I am good at picking up details and facts
- ✓ I find it hard to work out what other people are thinking and feeling
- ✓ I can focus on certain things for very long periods
- ✓ People often say I was rude even when this was unintentional
- ✓ I have unusually strong, narrow interests
- ✓ I do certain things in a very inflexible, repetitive way
- ✓ I have always had difficulty making friends

## COULD THIS BE YOU?

If you are over eighteen years old, find **all 10** descriptions above apply to you, and your difficulties are interfering significantly with your daily life, you can ask your GP to refer you to:

Cambridge Lifespan Asperger Syndrome Service (CLASS)  
Dept of Psychology, Downing St, Cambridge, CB2 3EB  
or Fax 01223 333561