



Cause and Effect – Level Two

Learning objective

For the child to link their own facial expressions to a range of activities and situations.

Resources required

- No activity sheets are required for this exercise.
- The adult should assemble photographs of the child performing a range of different activities that are relevant to a particular emotion or range of emotions. For example, for “happy” the child might be playing a game or eating an ice cream; for “angry” there might be an empty packet of sweets. The photographs should encompass activities associated with different contexts, for example, home and school, and with different people in the child’s life.

Instructions

Ask the child to match a set of photographs to an emotion. This could be accomplished in a number of different ways:

- 1) The child could sort the photographs into groups associated with a particular emotion.
- 2) The photographs can be attached to sheets of paper. Write something about how the picture makes the child feel, missing out the emotion word so the child has to fill this in. For example, “Running makes John feel.....” or “Eating chocolate ice cream makes Jane feel.....”
- 3) Stick a photograph of the child expressing a specific emotion to the centre of a sheet of paper. Ask the child to arrange around the outside pictures of events that lead to that emotion.

Ability requirements

In this activity, the child is developing an understanding of his or her own emotions and how they are related to events in his or her own life. This activity has been designed so that the child’s participation can be verbal or non-verbal.