



## **Naming Emotions – Level Three**

### **Learning objective**

To complete a sentence with a single word/symbol relating to the child's own emotions. This activity requires generalization.

### **Resources required**

- There are no activity sheets for this exercise.
- The adult should assemble images that relate to the child's life, such as pictures of family members, pets or the child's toys.
- Sheets of paper.

### **Activity**

The adult asks the child to complete sentences about images relating to his or her life.

### **Instructions**

- Assemble images that relate to the child's life.
- Attach them to sheets of paper, leaving some room around them.
- Write sentences about the emotion the image evokes, leaving a space where the emotion should be. For example, When John sees his mother he feels....., When John's hamster died he felt....., When John's brother takes his toys, he feels.....
- Talk to the child about one image at a time and ask him or her to fill in the missing word.

You can turn the sheets into a book that grows with the child and encompasses the different experiences they have throughout the year.

### **Ability requirements**

This activity is primarily expressive. The child needs to be able to complete a series of sentences relating to their own emotions. The child could also use symbols. Symbols are not provided so the adult working with the child will need to ensure that the appropriate symbols are available to the child before starting

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the activity. Some children with an interest and ability in reading might wish to complete this activity with written language or by choosing the correct written word from a list.